

EVALUATION GUIDELINES AND POINTERS

FOR TEACHERS/INSTRUCTORS:

Ongoing Informal Feedback During Sessions

1. Observational Notes:

- Keep a notepad handy to jot down quick observations about each student's progress.
- Focus on their ability to stay on beat, follow instrumental cues, and maintain rhythm in Contratiempo.

2. Positive Reinforcement:

- Provide immediate positive feedback when students demonstrate correct understanding and execution.
- Highlight specific actions that were done well to reinforce good practices.

3. Constructive Criticism:

- Offer constructive feedback in a supportive manner.
- Focus on one or two areas for improvement at a time to avoid overwhelming the student.
- Use the "sandwich method" by framing constructive criticism between positive comments.

4. Peer Feedback:

- Encourage students to give each other feedback during group exercises.
- Facilitate discussions that allow students to share their insights and observations.

5. Demonstrations and Corrections:

- Use demonstrations to show correct techniques and common mistakes.
- Correct errors on the spot and explain why the adjustment is necessary.

Final Session:

Self-Assessment and Instructor Evaluation

1. Structured Evaluation Criteria:

- Develop a rubric that covers key aspects of Contratiempo: timing, rhythm, musicality, coordination, and confidence.
- Use the rubric to provide a comprehensive evaluation for each student.

2. Self-Assessment Forms:

- Provide students with self-assessment forms to reflect on their progress.
- Ask questions about their confidence in identifying beats, following instrumental cues, and their overall comfort with Contratiempo.

3. One-on-One Feedback Sessions:

- Schedule short individual sessions to discuss the self-assessments and provide personalized feedback.
- Highlight areas of improvement and set goals for future practice.

4. Video Reviews:

- Record final performances and review them with students.
- Point out areas of improvement and celebrate progress shown since the start of the course.

5. Goal Setting:

- Help students set specific, achievable goals for continuing their practice of Contratiempo.
- Encourage them to keep a practice journal to track their ongoing progress.

EVALUATION GUIDELINES AND POINTERS

FOR STUDENTS

Ongoing Informal Feedback During Sessions

1. Active Listening:
 - Pay close attention to feedback from your instructor and peers.
 - Ask for clarification if you don't understand a piece of feedback.
2. Self-Monitoring:
 - Continuously monitor your own movements and timing during practice.
 - Make mental notes of areas where you feel uncertain or off-beat.
3. Peer Interaction:
 - Engage with peers to share feedback and insights.
 - Be open to receiving constructive criticism from fellow dancers.
4. Practice Reflection:
 - After each session, spend a few minutes reflecting on what went well and what could be improved.
 - Write down any specific challenges you faced and plan how to address them in the next practice.

Final Session: Self-Assessment and Instructor Evaluation

1. Honest Self-Reflection:
 - Be honest in your self-assessment forms about your strengths and areas needing improvement.
 - Reflect on your journey from the beginning of the course to the final session.
2. Goal Achievement:
 - Evaluate whether you have met the goals you set at the start of the course.
 - Identify new goals based on the feedback received from your instructor.
3. Accepting Feedback:
 - Listen carefully to the feedback provided by your instructor during the one-on-one sessions.
 - Take notes on the key points and suggestions for improvement.
4. Video Analysis:
 - Watch the video recordings of your final performance to see your dance from an observer's perspective.
 - Compare your performance to earlier recordings to identify progress and remaining challenges.
5. Future Planning:
 - Set clear, realistic goals for your continued practice of Contratiempo.
 - Plan a practice schedule that includes specific exercises to address the feedback received.